

Teaching R and data analysis interactively with `{swirl}`

Paige Parry, George Fox University

Have you taught R in an undergraduate context?

Yes

No

No, but I have taught
another programming
language

Do you currently integrate data analysis into your undergraduate biology course(s)?

Yes

No

I teach data analysis in a course specifically focused on data analysis and/or research methods and/or statistics

If you currently teach data analysis, what topics do you address?

Accessing data

Data manipulation

Data visualization

Probability

Hypothesis testing

Regression

Likelihood

Modeling

I do not teach data analysis

What are some of the challenges that you have identified or perceive to be associated with teaching programming/R in an undergraduate biology course?

Top

In this session we will:

- Discuss the value and challenges of teaching R and data analysis to undergraduate biology students
- Learn the basic structure of swirl
- Practice swirl using existing, user-contributed lessons
- Develop custom swirl lessons using the swirlify package

WHENEVER I LEARN A NEW SKILL I CONCOCT ELABORATE FANTASY SCENARIOS WHERE IT LETS ME SAVE THE DAY.

OH NO! THE KILLER MUST HAVE FOLLOWED HER ON VACATION!



BUT TO FIND THEM WE'D HAVE TO SEARCH THROUGH 200 MB OF EMAILS LOOKING FOR SOMETHING FORMATTED LIKE AN ADDRESS!



IT'S HOPELESS!

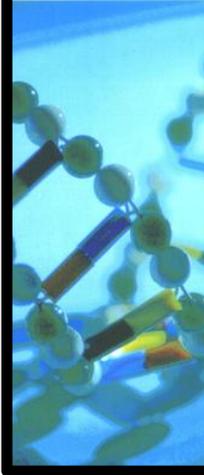
EVERYBODY STAND BACK.



I KNOW REGULAR EXPRESSIONS.



BIO
2010



A NEW BIOLOGY
FOR THE 21ST CENTURY

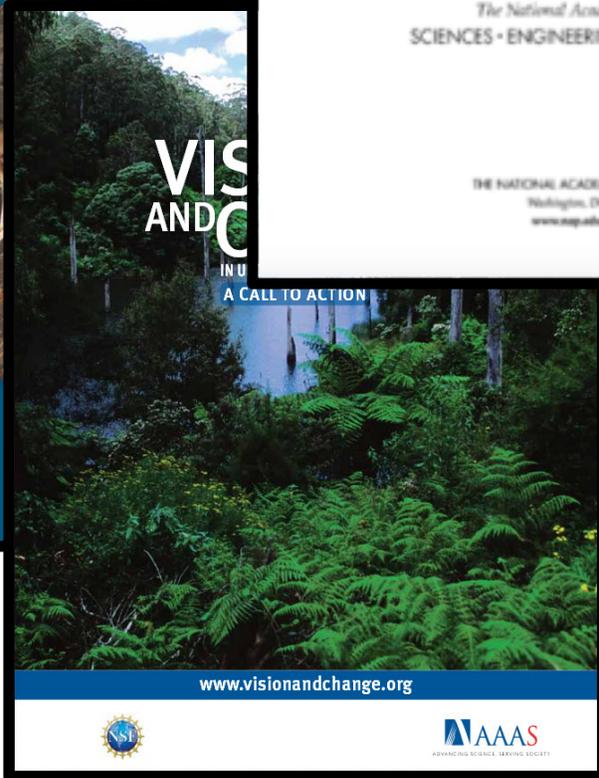
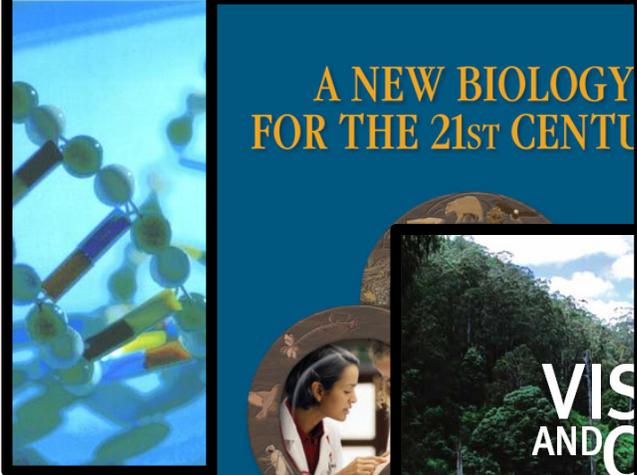
A circular inset image showing a woman in a white lab coat looking down at a book or document. The background of the entire block is a dark blue gradient.

VISION
AND CHANGE
IN UNDERGRADUATE BIOLOGY EDUCATION
A CALL TO ACTION

www.visionandchange.org

A photograph of a lush green forest with a stream flowing through it. The foreground is filled with vibrant green ferns, and the background shows tall trees and a clear sky with some clouds.

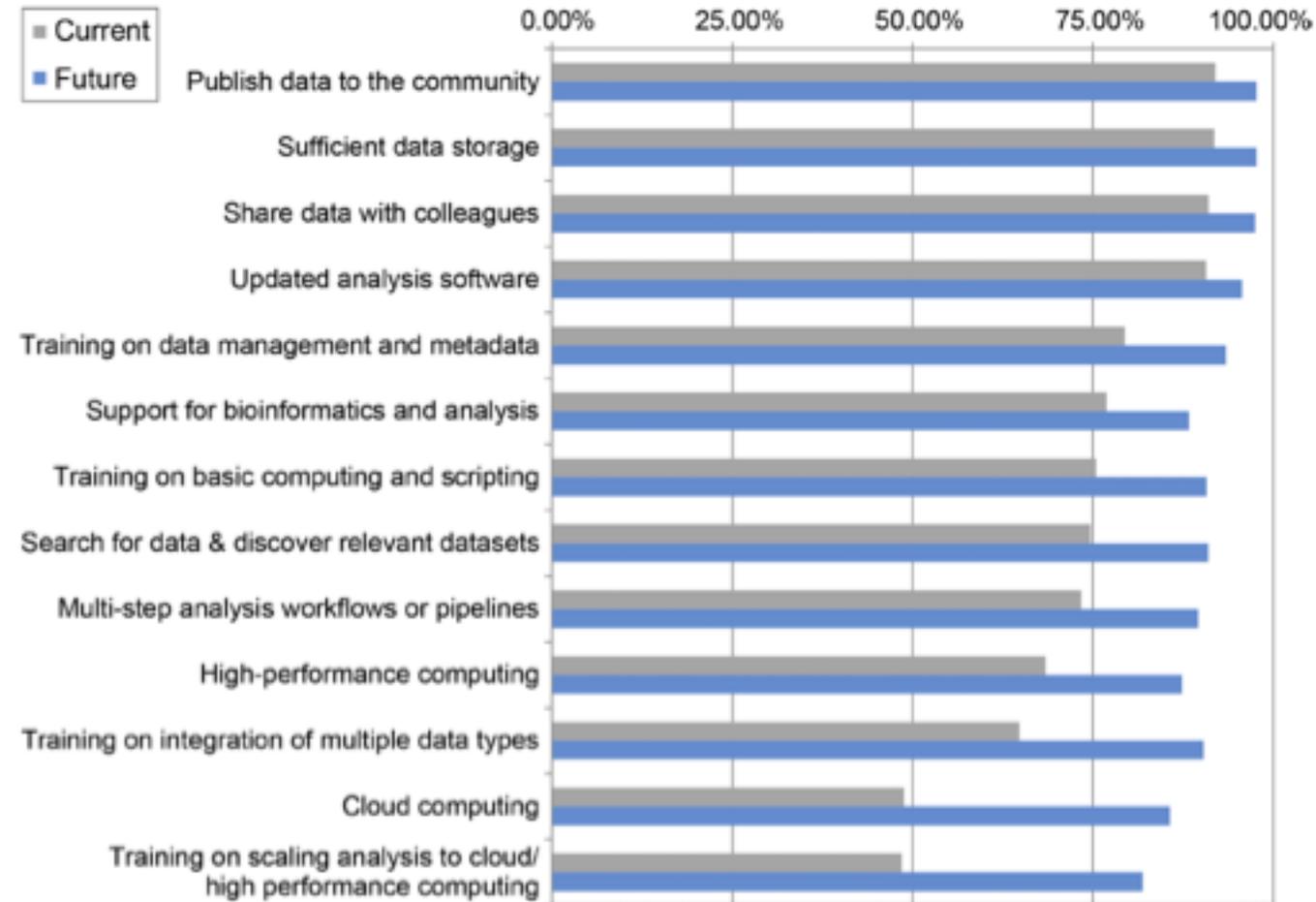
BIO
2010



“Work across nearly all domains is becoming more data driven, affecting both the jobs that are available and the skills that are required. As more data and ways of analyzing them become available, more aspects of the economy, society, and daily life will become dependent on data. In future decades, all undergraduates will profit from a fundamental awareness of and competence in data science.”

Training in data analysis and programming is among the most pressing unmet needs in biology

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Barone et al. 2017. Unmet needs for analyzing biological big data: A survey of 704 NSF principal investigators. *PLoS Comput Biol* 13(10): e1005755.

Training in data analysis and programming is among the most pressing unmet needs in biology

**WANT TO MAKE IT AS A
BIOLOGIST? BETTER LEARN
TO CODE**

**WHY BIOLOGY STUDENTS
SHOULD LEARN HOW TO
PROGRAM**

SCIENTIFIC COMPUTING

Code alert

Programming tools can speed up and strengthen analyses, but mastering the skills takes time and can be daunting.

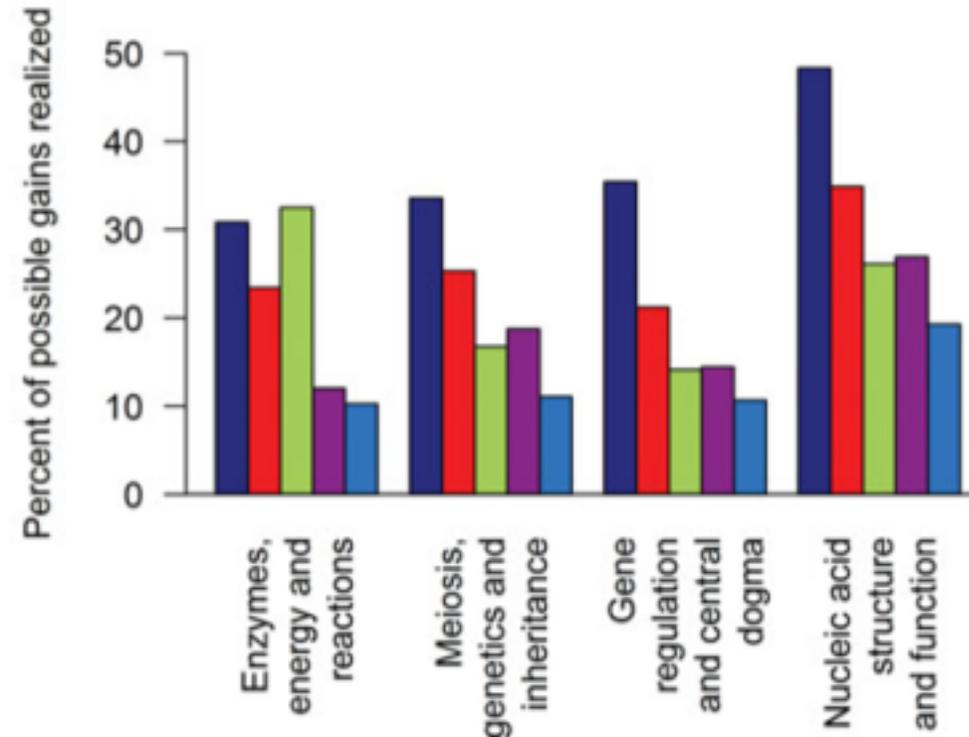
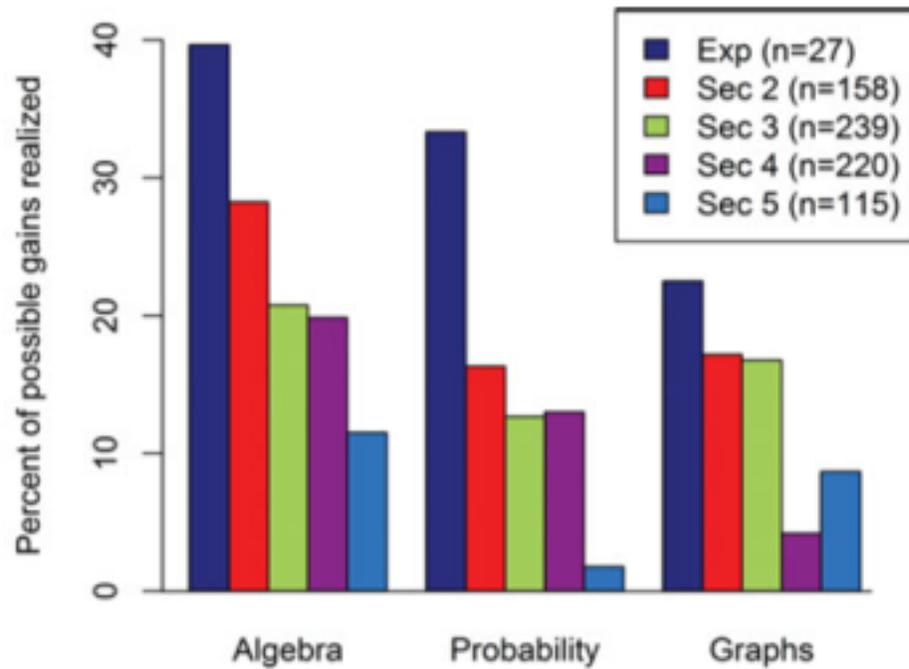
“Coding is ‘as important to modern scientific research as telescopes and test tubes’, but it is critical to dispel the misconception that these skills are intuitive, obvious, or in any way inherent.”

Challenges associated with teaching programming to undergraduate biology students:

- Poor student attitudes toward quantitative exercises; “math fear” and “math anxiety”
- Difficult to teach content and programming skills simultaneously (too little time)
- Lack of curricula accessible to undergraduates
- Steep learning curve due to little to no experience with programming
- Precision necessary to execute code
- Others?

Biology students may learn programming and analysis skills best when integrated with biology

Biology students may learn programming and analysis skills best when integrated with biology



What makes teaching scientific computing different from teaching introductory computer science?

1. Scientists work with entities such as signals, images, systems of equations, data tables, etc. Structures such as priority queues and B-trees are of no use or interest to science students.
2. For a scientist, computation is a tool rather than the object of interest. Science students need to see the scientific utility of programming.
3. Scientists have very limited time to devote to the formal study of computation.
4. Scientists use graphics extensively, even at an introductory level.

Why use R?

- Developed as a user-friendly application primarily for data analysis, statistics, and graphics.
- Used extensively in scientific research
- Higher-level programming language with extensive libraries (packages)
- Active user group and substantial online support (mailing lists, user-contributed documentation, Stackoverflow)
- Built-in graphics capabilities
- Data can be read in, graphed, modeled, etc. in only a few lines of code

{swirl}

Learn R, in R.

swirl teaches you R programming and data science
interactively, at your own pace, and right in the R console!

Navigate to: swirlstats.com

Step 1: Open RStudio

Step 2: Install swirl

```
> install.packages("swirl")
```

Step 3: Start swirl

```
> library(swirl)  
> swirl()
```

Step 4: Install an existing course

https://github.com/swirldev/swirl_courses#swirl-courses

```
RStudio
Go to file/function
Addins
Console Terminal x
~/
> library(swirl)
| Hi! Type swirl() when you are ready to begin.
> swirl()
| Welcome to swirl! Please sign in. If you've been here before, use the same name as
| you did then. If you are new, call yourself something unique.
What shall I call you? Paige
| Please choose a course, or type 0 to exit swirl.
1: R Programming
2: Take me to the swirl course repository!
Selection: 1
| Please choose a lesson, or type 0 to return to course menu.
1: Basic Building Blocks      2: Workspace and Files
3: Sequences of Numbers      4: Vectors
5: Missing Values            6: Subsetting Vectors
7: Matrices and Data Frames  8: Logic
9: Functions                 10: lapply and sapply
11: vapply and tapply        12: Looking at Data
13: Simulation                14: Dates and Times
15: Base Graphics
Selection: 1
|                                     | 0%
| In this lesson, we will explore some basic building blocks of the R programming
| language.
...
|                                     | 3%
| If at any point you'd like more information on a particular topic related to R, you
| can type help.start() at the prompt, which will open a menu of resources (either
```

Installing courses from the swirl repository automatically:

Step 1: Navigate to the swirl course repository and choose a course

https://github.com/swirldev/swirl_courses#swirl-courses

Step 2: Open the swirl library

```
> library(swirl)
```

Step 3: Install the course from the console

```
> install_course("Course Name")
```

Step 4: Start swirl

```
> swirl()
```

Installing courses from the swirl repository manually:

Step 1: Navigate to the swirl course repository and choose a course

https://github.com/swirldev/swirl_courses#swirl-courses

Step 2: Download the swirl course master zip file

https://github.com/swirldev/swirl_courses/archive/master.zip

Step 3: Open the swirl library

```
> library(swirl)
```

Step 4: Install the course from the console, specifying the full file path to the zip file

```
> install_course_zip("/Users/pparry/Desktop/swirl_courses-master.zip", multi=TRUE, which_course="Data Analysis")
```

```
RStudio
Go to file/function | Addins
Console Terminal x
~/
> install_course_zip('/Users/pparry/Desktop/swirl_courses-master.zip', multi=TRUE, which_course="
Data Analysis")

| Course installed successfully!

> swirl()

| Welcome to swirl! Please sign in. If you've been here before, use the same name as you did
| then. If you are new, call yourself something unique.

What shall I call you? Paige

| Please choose a course, or type 0 to exit swirl.

1: Data Analysis
2: R Programming
3: Take me to the swirl course repository!

Selection: 1

| Please choose a lesson, or type 0 to return to course menu.

1: Central Tendency
2: Dispersion
3: Data Visualization

Selection: 1

| Attempting to load lesson dependencies...

| Package 'plotrix' loaded correctly!

| This lesson requires the 'openintro' package. Would you like me to install it for you now?

1: Yes
2: No

Selection: 1

| Trying to install package 'openintro' now...

| Package 'openintro' loaded correctly!
```

Installing a custom swirl course:

Step 1: Save course as .swc file to any handy directory

Step 2: Initiate course installation from console

```
> install_course()
```

Step 3: When prompted, navigate to directory and select course

Step 4: Start swirl and navigate to course

Work through the Simple Linear Regression lesson to see an example of integrating programming, data analysis, and biology learning

```
RStudio
Go to file/function
Addins
Console Terminal x
~/
| Leaving swirl now. Type swirl() to resume.
> install_course()
| Course installed successfully!
> swirl()
| Welcome to swirl! Please sign in. If you've been here before, use the same name as you did
| then. If you are new, call yourself something unique.
What shall I call you? Paige
| Would you like to continue with one of these lessons?
1: Data Analysis Central Tendency
2: No. Let me start something new.
Selection: 2
| Please choose a course, or type 0 to exit swirl.
1: Data Analysis
2: R Programming
3: Regression
4: Take me to the swirl course repository!
Selection: 3
| Please choose a lesson, or type 0 to return to course menu.
1: GLMs
2: Simple Linear Regression
Selection: 2
|
| 0%
| In this lesson, you will practice testing multiple competing hypotheses using simple linear
| regression models.
...

```

Creating your own course with swirlify:

swirlstats.com/swirlify

Swirl course structure:

```
My_New_Course
└─ My_First_Lesson
   └─ lesson.yaml
   └─ initLesson.R
   └─ dependson.txt
   └─ customTests.R
```

Swirl course structure:

My_New_Course

```
└─ My_First_Lesson
   └─ lesson.yaml
   └─ initLesson.R
   └─ dependson.txt
   └─ customTests.R
```

Course covers a broad topic (e.g. “Probability”, “Graphing”) and contains directories for specific lessons, ordered sequentially

Swirl course structure:

```
My_New_Course
└─ My_First_Lesson
    ├── lesson.yaml
    ├── initLesson.R
    ├── dependson.txt
    └─ customTests.R
```

Each lesson directory inside of a course contains all of the files necessary to execute a specific lesson. Lessons cover specific topics that fall within the course theme.

Swirl course structure:

```
My_New_Course
├── My_First_Lesson
│   ├── lesson.yaml
│   ├── initLesson.R
│   ├── dependson.txt
│   └── customTests.R
```

The `.yaml` file contains all of the text (questions, answers, hints) that students will see in the RStudio console when they work through a swirl lesson. This is the part that you will write using `swirlify`.

Question Type

Message

Output

1 Type your text output here.

Add Question

```

1 - - Class: meta
2   Course: Regression
3   Lesson: Simple Linear Regression
4   Author: Paige E. Parry, PhD
5   Type: Standard
6   Organization: George Fox University
7   Version: 2.4.3
8
9 - - Class: text
10  Output: In this lesson, you will practice testing mult
11
12 - - Class: text
13  Output: Regression models are used to quantify the rel
14
15 - - Class: text
16  Output: Simple linear regression is our most basic mod
17
18 - - Class: text
19  Output: Simple linear regression models are also usefu
20
21 - - Class: text
22  Output: In the absence of other information, we often
23
24 - - Class: cmd_question
25  Output: To this lesson, we will add the default des

```

Save Lesson

Demo Lesson

Question Number where Demo will Start

1

Swirl course structure:

```
My_New_Course
├── My_First_Lesson
│   ├── lesson.yaml
│   ├── initLesson.R
│   ├── dependson.txt
│   └── customTests.R
```

The `initLesson` file is an R script that runs each time the lesson is started and can be used to load environmental variables or data into the lesson.

```
RStudio
Go to file/function
Addins
initLesson.R x
Source on Save
Run
Source
1 # Code placed in this file will be executed every time the
2 # lesson is started. Any variables created here will show up in
3 # the user's working directory and thus be accessible to them
4 # throughout the lesson.
5
6 .get_course_path <- function(){
7   tryCatch(swirl:::swirl_courses_dir(),
8     error = function(c) {file.path(find.package("swirl"),"Courses")}
9 )
10 }
11
12 data<-read.csv(file.path(.get_course_path(), "Regression", "Simple_Linear_Regression", "TreeData.csv"))
1:1 (Top Level) : R Script
```

Console

Swirl course structure:

```
My_New_Course
├── My_First_Lesson
│   ├── lesson.yaml
│   ├── initLesson.R
│   ├── dependson.txt
│   └── customTests.R
```

The dependson text file contains a list of R packages to be loaded into the lesson. Swirl will install and load all packages listed here.

Swirl course structure:

```
My_New_Course
├── My_First_Lesson
│   ├── lesson.yaml
│   ├── initLesson.R
│   ├── dependson.txt
│   └── customTests.R
```

This script can be used to write custom functions to test whether the answer to a swirl question is correct or not. Swirl already includes answer testing functionality, but some questions may require that you write custom tests.

Creating a new swirl lesson in swirlify:

Step 1: Install swirlify in RStudio

```
> install.packages("swirlify")
```

Step 2: Load swirlify

```
> library(swirlify)
```

Step 3: Set working directory to the directory in which you want to store your course

```
> setwd("your_directory_path_here")
```

Step 4: Create lesson and launch swirlify shiny app for new lesson in new course

```
> swirlify("My Lesson", "My Course")
```

Question classes:

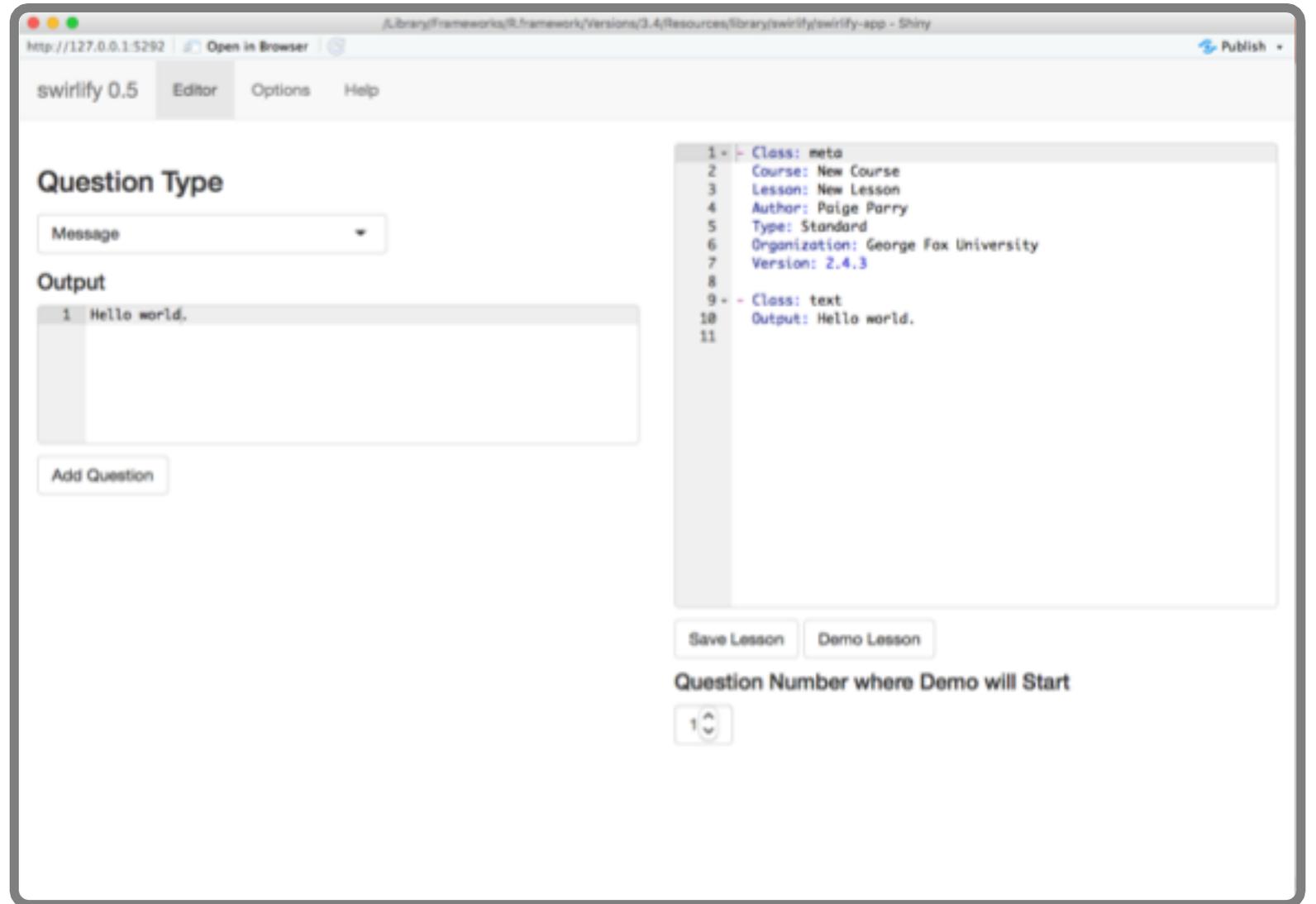
The meta question

```
1 - Class: meta
2 Course: New Course
3 Lesson: New Lesson
4 Author: Paige Parry
5 Type: Standard
6 Organization: George Fox University
7 Version: 2.4.3
8
```

Question classes:

Message questions

**Tip: if you want to include apostrophes, quotations, or colons in your text, enclose the entire text string in quotations.*



The screenshot shows the Swirlify 0.5 web interface. The browser address bar displays `http://127.0.0.1:5292`. The page title is "swirlify 0.5" and the navigation menu includes "Editor", "Options", and "Help". A "Publish" button is visible in the top right corner.

The main content area is titled "Question Type" and features a dropdown menu currently set to "Message". Below this is an "Output" section with a text area containing the text "1 Hello world." and an "Add Question" button.

On the right side, there is a code editor showing the following code:

```
1 - Class: meta
2   Course: New Course
3   Lesson: New Lesson
4   Author: Paige Parry
5   Type: Standard
6   Organization: George Fox University
7   Version: 2.4.3
8
9 - Class: text
10  Output: Hello world.
11
```

Below the code editor are two buttons: "Save Lesson" and "Demo Lesson". At the bottom, there is a label "Question Number where Demo will Start" and a spinner control set to the value "1".

Question classes:

Command questions

The screenshot shows the Swirlify web application interface for creating a question. The browser address bar shows the URL `http://127.0.0.1:5292` and the page title is `swirlify 0.5`. The navigation menu includes `Editor`, `Options`, and `Help`. The `Question Type` dropdown is set to `Command`.

The `Output` field contains the text: `1 Create a vector containing the values 1, 2, and 3.`

The `Correct Answer` field contains the text: `1 c(1,2,3)`

The `Answer Tests` field contains the text: `1 pmittest(correctExpr='c(1,2,3)')`

The `Hint` field contains the text: `1 Type c(1,2,3)`

Buttons for `Save Lesson` and `Demo Lesson` are visible. Below them is a `Question Number where Demo will Start` field with a value of `1`.

The right-hand pane shows the R code for the question class:

```
1 - Class: meta
2   Course: New Course
3   Lesson: New Lesson
4   Author: Paige Parry
5   Type: Standard
6   Organization: George Fox University
7   Version: 2.4.3
8
9 - Class: text
10  Output: Hello world.
11
12 - Class: cmd_question
13  Output: Create a vector containing the values 1, 2, and 3.
14  CorrectAnswer: c(1,2,3)
15  AnswerTests: omitest(correctExpr='c(1,2,3)')
16  Hint: Type c(1,2,3)
17
```

An `Add Question` button is located at the bottom left of the interface.

Question classes:

Numerical questions

The screenshot shows the Swirlify 0.5 web interface. The browser address bar shows `http://127.0.0.1:5292`. The page title is `swirlify 0.5`. The navigation menu includes `Editor`, `Options`, and `Help`. The main content area is divided into several sections:

- Question Type:** A dropdown menu with `Numerical` selected.
- Output:** A text input field containing the question: `1 How many elements are in that vector?`
- Correct Answer:** A text input field containing the answer: `1 3`
- Hint:** A text input field containing the hint: `1 Count the number of values that are in the vector.`

At the bottom left, there is an `Add Question` button. On the right side, there is a code editor showing the R code for the question:

```
1 - Class: meta
2   Course: New Course
3   Lesson: New Lesson
4   Author: Paige Parry
5   Type: Standard
6   Organization: George Fox University
7   Version: 2.4.3
8
9 - Class: text
10  Output: Hello world.
11
12 - Class: cmd_question
13  Output: Create a vector containing the values 1, 2, and 3.
14  CorrectAnswer: c(1,2,3)
15  AnswerTests: omitest(correctExpr='c(1,2,3)')
16  Hint: Type c(1,2,3)
17
18 - Class: exact_question
19  Output: How many elements are in that vector?
20  CorrectAnswer: 3
21  AnswerTests: omitest(correctVal=3)
22  Hint: Count the number of values that are in the vector.
23
```

Below the code editor, there are two buttons: `Save Lesson` and `Demo Lesson`. At the bottom right, there is a section titled `Question Number where Demo will Start` with a spinner control set to `1`.

Check out the swirlify documentation for additional question types

http://swirlstats.com/swirlify/writing.html#types_of_questions

Including data in a lesson:

Step 1: Save data file (I recommend .csv) to same directory as lesson

Step 2: Open initLesson.R file associated with lesson

Step 3: Insert .get_course_path function

```
> .get_course_path <- function(){
  tryCatch(swirl:::swirl_courses_dir(),
    error=function(c) {file.path(find.package("swirl"), "Courses")}
  )
}
```

Step 4: read in data file with .get_course_path function

```
> data <- read.csv(file.path(.get_course_path(), "My_Course",
  "My_Lesson", "data.csv"))
```

Finishing your lesson:

Step 1: Save your lesson out in the shiny app and close the app.

Step 2: Test the lesson in the Rstudio console. Running a test will check for syntax errors and print error messages to the console.

```
> test_lesson()
```

Step 3: Demo lesson to make sure that you are satisfied with what your students will experience.

```
> demo_lesson()
```

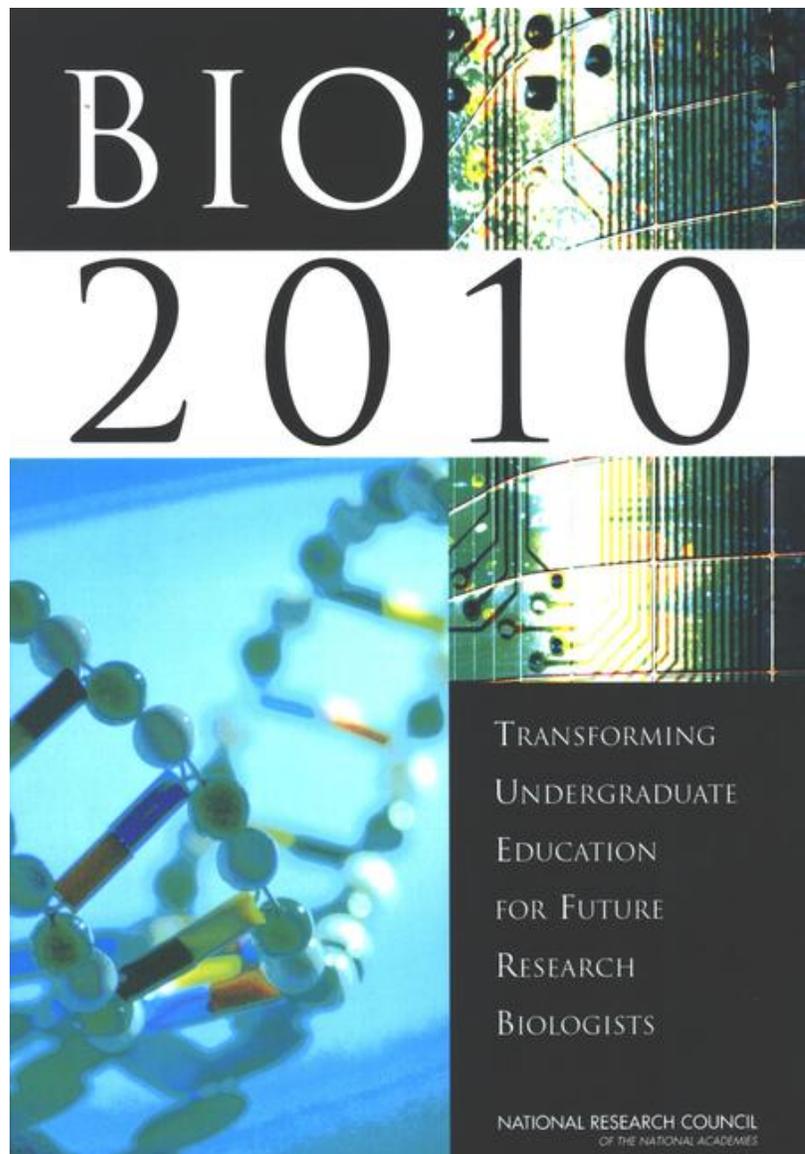
Step 4: When all lessons in a course are completed, pack course to a .swc file for sharing

```
> pack_course()
```

**For all of these functions to work properly, you must point swirlify to the lesson and course you want to test and pack by setting the working directory appropriately.*

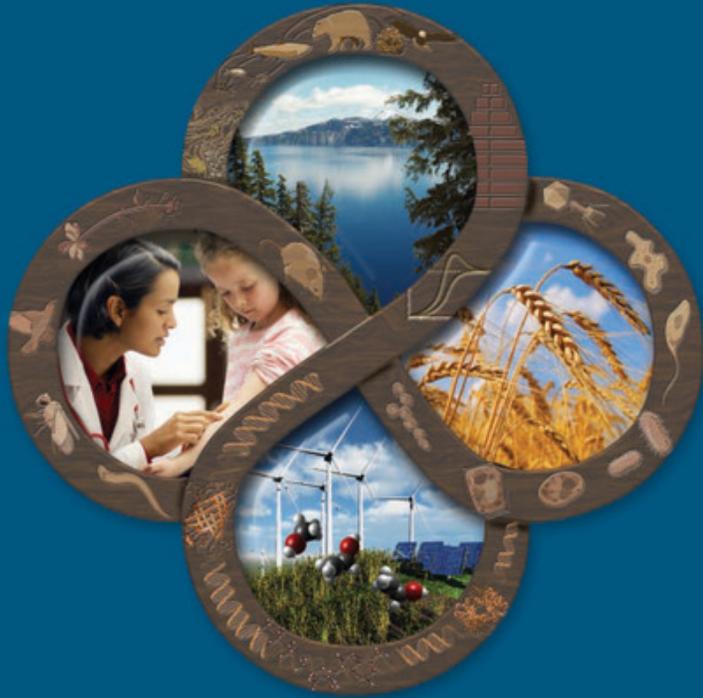
Time to create your own lesson!

- Dataset 1: Survival and fitness of Atlantic salmon smolts
- Dataset 2: Comparing urban and forest soil characteristics
- Dataset 3: Oral contraceptive use and prostate cancer
- Dataset 4: Spread of RNA viruses specialized on cancer-derived vs non-cancerous cells



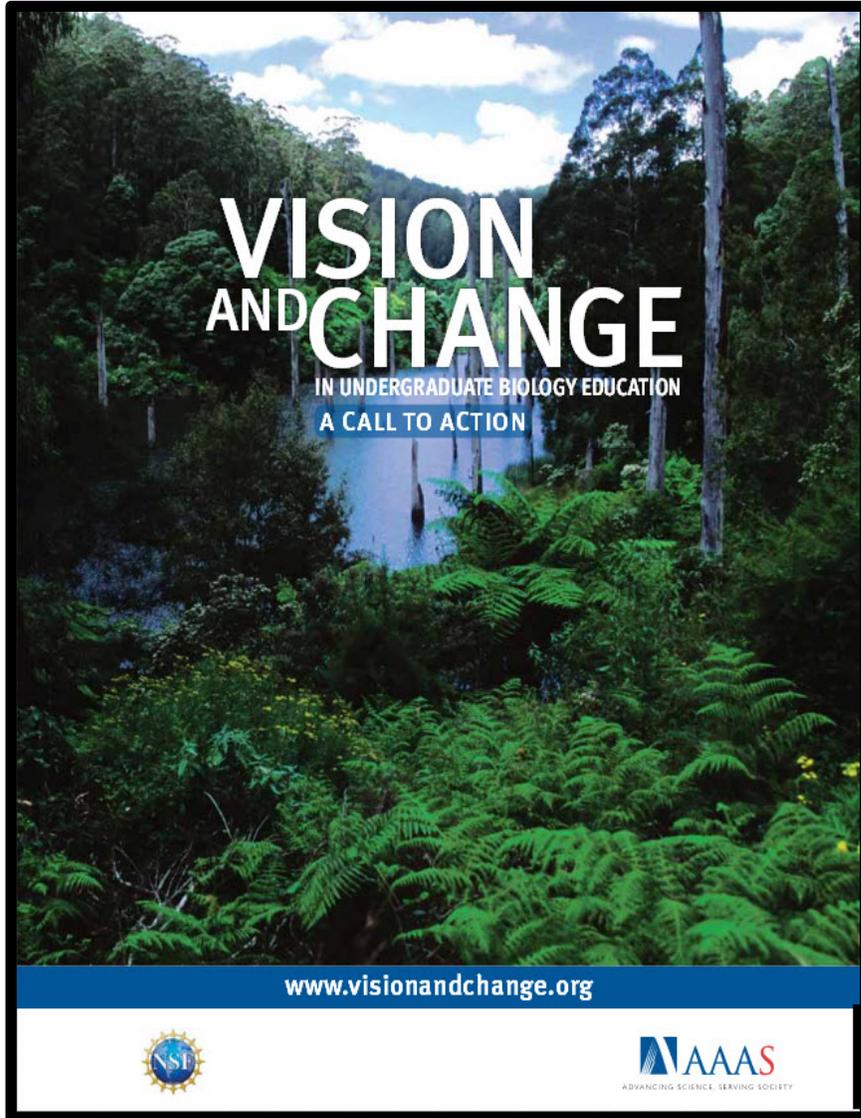
“Quantitative analysis, modeling, and prediction play increasingly significant day-to-day roles in today’s biomedical research...life science majors [should] become sufficiently familiar with the elements of programming to carry out simulations of physiological, ecological, and evolutionary processes. They should be adept at using computers to acquire and process data, carry out statistical characterization of the data and perform statistical tests, and graphically display data in a variety of representations...it is essential that biology undergraduates become quantitatively literate.”

A NEW BIOLOGY FOR THE 21ST CENTURY



NATIONAL RESEARCH COUNCIL
OF THE NATIONAL ACADEMIES

“Quantitative analysis, physics, and chemistry are necessary to understand complex issues, along with biology...each institution of higher education [should] reexamine its current curricula and ensure that biology students gain a strong foundation in mathematics, physical and chemical sciences, and engineering as biology research becomes increasingly interdisciplinary.”



“The application of quantitative approaches (statistics, quantitative analysis of dynamic systems, and mathematical modeling) is an increasingly important basic skill utilized in describing biological systems. Developing the ability to apply basic quantitative skills to biological problems should be required of all undergraduates, as they will be called on throughout their lives to interpret and act on quantitative data from a variety of sources...Today, modeling is a standard tool for biologists, so basic skills in implementing computational algorithms for models are increasingly being incorporated into the undergraduate curriculum.”

PREPUBLICATION COPY—SUBJECT TO FURTHER EDITORIAL CORRECTION

**DATA SCIENCE FOR UNDERGRADUATES:
OPPORTUNITIES AND OPTIONS**

Committee on Envisioning the Data Science Discipline: The Undergraduate Perspective

Computer Science and Telecommunications Board
Board on Mathematical Sciences and Analytics
Committee on Applied and Theoretical Statistics
Division on Engineering and Physical Sciences

Board on Science Education
Division of Behavioral and Social Sciences and Education

A Consensus Study Report of

The National Academies of
SCIENCES • ENGINEERING • MEDICINE

THE NATIONAL ACADEMIES PRESS
Washington, DC
www.nap.edu

“Data science is emerging as a field that is revolutionizing science and industries alike. Work across nearly all domains is becoming more data driven, affecting both the jobs that are available and the skills that are required. As more data and ways of analyzing them become available, more aspects of the economy, society, and daily life will become dependent on data. In future decades, all undergraduates will profit from a fundamental awareness of and competence in data science.”

What are the characteristics of an accessible, useful language for teaching scientific computation and analysis?

1. The language must be simple to learn so that most of the instruction can be focused on data analysis and visualization.
2. The language must make clear the general programming concepts required to perform analyses (e.g. input/output should be straightforward and quick).
3. The language must offer basic operators relevant to scientists (e.g. integration of programming language and graphics tools).
4. The language must be general enough that topics of importance in computer science can be illustrated (e.g. functions, variables, arguments, values, recursions).