**How I implemented these materials:**

**I set aside 15 minutes at the end of class and put students into groups. We went through the powerpoint and talked about the questions at the end of the handout in groups. I then assigned the journal assignment for the following week. Journals are a regular assignment in my course, so this fit quite nicely with the other journal assignments. I was pleasantly surprised at how seriously the students took this assignment. Some shared that they even started talking to their friends about the notion of mindsets.**